

What can the Tennessee Breast and Cervical Screening Program do for me?

This program is offered through your local health department along with other health care providers in your community.

Eligible women can get these screening services when they schedule an office visit with their local health department:

- Clinical breast exam
- Mammogram (breast x-ray)
- Pap test and pelvic exam

Why are Mammograms and Pap tests important to me?

These screenings can save your life. Every year Tennessee women die from these cancers.

- Just being a woman puts you at risk for breast cancer, and your risk increases with age. A mammogram can show cancer that is too small for you or your doctor to feel. Finding breast cancer early will give you more treatment choices and a better chance for survival.
- A Pap test can find abnormal cells before they become cancerous and can find cervical cancer early. These problems are nearly always curable if found early enough.

Can I use the services of this program?

You can get free breast cancer screening, including a clinical breast exam and mammogram, if you meet income guidelines and

- Do not have insurance or your insurance does not pay for this service
- Are 50 to 64 years of age
- Are 40 to 49 years of age and have one of the following:
 - A mother, daughter or sister with breast cancer
 - A personal history of breast cancer
 - A clinical breast exam result that is abnormal

You can get a free Pap test and pelvic exam if you meet income guidelines and

- Do not have insurance or your insurance does not cover the cost of the screening
- Are age 40 to 64
- Are age 18 to 39 and need further diagnostic services after an initial Pap test result is received



Tennessee Breast & Cervical Screening Program

When should I get these screening tests?

Clinical Breast Exam

- With your annual physical exam

Mammogram

- The American Cancer Society recommends annual mammograms for women age 40 and older
- The Tennessee Breast and Cervical Screening Program screens women age 50 and older or women age 40 to 49 who have
 - A mother, daughter or sister with breast cancer or
 - A personal history of breast cancer or
 - A clinical breast exam result that is abnormal or
 - Any change in the size or shape of a breast, a lump or thickening of a breast, or nipple thickening or discharge

Pap Test

- Start getting tested when you are 18 years old.
- If you are sexually active, start getting tested sooner.
- The Tennessee Breast and Cervical Screening Program screens women age 40 and older or women age 18 to 39 who need further diagnostic services after an initial Pap test result is received.

How can I find out whether I am eligible and where I can get a free breast and cervical cancer screening?

Do one of the following:

- Call your local health department. You can find the phone number and address of your local health department on the World Wide Web at <http://www2.state.tn.us/health/LocalDepts/index.html>.
- Call the Tennessee Breast and Cervical Screening Program using our toll-free number at 1-877-969-6636.
- Call the National Cancer Institute at 1-800-4cancer (1-800-422-6237).

Tennessee Department of Health
6th Floor Cordell Hull Building
495 Fifth Avenue North
Nashville, TN 37247
1-877-969-6636

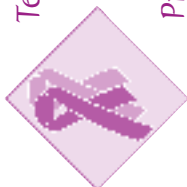


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Cancer Screening Can
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Free Clinical Breast Exams,
Mammograms, Pelvic Exams and
Pap Tests for Eligible
Tennessee Women